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Advanced Bioretention Design Course

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Green Infrastructure: Defined

Preservation, connecting, & mimicking of natural processes that slow, sink, & spread rain where it lands





Workshop Goals

- Open dialog & discussion on current data & experiences
- To understand the fine details of bioretention design, construction, & experiences

Site Specific GI Project Types

Bioretention system

Rain gardens **Bioswales** Xeric gardens Soil Conditioning

Porous/pervious pavement

- Wet & dry ponds Wetlands
- Filter strips and level spreaders Sand filters



Increasing the Knowledge of

3 separate collaboration projects between the City of Omaha & the EPA _____

- EPA Office of Research & Development: in-depth study of soils & green infrastructure
- 2. Urban Waters Grant: assessing green infrastructure's benefits on a neighborhood scale
- 3. Technical Assistance: support to develop tools for green infrastructure & improve systems



Going Forward, Keep in Mind...



My first rain garden..

the concept

- we are dealing with living elements
- they are not No- or High-maintenance
- doesn't always have to be a 'feature'
- bioretention will continue to evolve..

Why Bioretention Continues to Be Important

- Volume...
- Quality...
- Peak flow...
- Getting familiar with it
- Costs
- Amenity
- Aesthetics
- 'Familiar'
- maintenance
- Habitat





Bioretention & It's Many Names

- Bioinfiltration
- Biofiltration
- Bioretention pond
- Bioretention swale
- Rain garden
- Bioretention garden
- Bioretention system

Bioretention Definition

- A vegetated, relatively shallow depression with a specific soil mix & an underdrain to collect stormwater, maximize infiltration, & convey excess water slowly to the nearest outflow
- Rain garden = no underdrain Wetland, pond, water
- feature





































































Going Forward...

- Dissolved nutrients & soil mix
- Plant suitability
- Utilize/maximize in-situ soils
- Aesthetics
- Public perception
- Maintenance
- Simplify installation & minimize potential issues
- Costs









Fundamental Concepts

- Establish goals to direct design and
- maintenance We are trying to re-create or restore
- natural hydrologic function.
- Keep it Simple!



Locating the Bioretention Garden

Know the site(s) and surrounding areas Where is runoff flowing from and to?

- How much runoff?
- Direct or interrupted flow? Timing and location(s) of runoff concentration

Know the environment and how it will affect drainage

- Soils Topography Vegetation



What We Are Learning

Infiltration cells and media require close attention to detail Water quality improvement is highly dependent on residence time and filter media quality Design specifications don't always meet construction reality

Contractor operations Managing existing soils is critical

Right plant in the right place

needed



LOCATING THE **BIORETENTION GARDEN**

Single point of detention, or dispersed detention Adequate space for the garden? Runoff delivery to the garden?

Bioretention garden access



ESTABLISHING BIORETENTION PERFORMANCE **OBJECTIVES**

Water quality or water quantity - or

Surrounding area – design related to nearby land use and function



IS BIORETENTION RIGHT FOR YOUR SITE?

Limited space Better BMP method? Is the geology right?

Depth to groundwater Bedrock

Access for construction and maintenance, safety Objections/acceptance from land owner or community















Infiltration

Challenge: Infiltration is too fast or too

- Performance objectives

- Common goal: infiltration into the soil
- Materials are variable

Mechanical controls (valve)

Soil Management (design considerations)

- Conserve topsoil if possible
- Adding compost to and mixing with the BMP soil enhances plant growth
- Design construction sequence to minimize compaction
- Erosion control measures as appropriate
- The first year of infiltration into the soil will be slow it gets better with time









Water into and out of the **Bioretention Garden**

- Curb cuts from streets, level spreaders, pipe inlets, swales Pretreatment: grass filters, forebays









Water into and out of the **Bioretention Garden**

- Must be designed to safely pass the 10-year, 24-hour storm, or other local regulations
- Excess stormwater runoff can also be diverted away from the bioretention
- selective grading, smaller curb cuts, or smaller inlet pipes.
- Additional design requirements in Chapter 6 of the Omaha Regional Stormwater Design Manual



Overview

- Sustainable context Naturalistic landscape character acceptance
- Basic design parameters
 - Aesthetics

 - Management
- Case study
- Bioretention plants and drought

Water into and out of the **Bioretention Garden**

Outlets

- For overflow, an outlet can be constructed with a slightly depressed elevation in the BMP berm
- If appropriate, direct overflow to a second BMP
- Direct water to where it will not damage structures, foundations or neighboring properties.



Sustainable Design **Benefits**

High aesthetic value -- seasonal changes, diverse foliage, flower and fruit, healthy plants, yearround interest, wildlife

Easy on the environment -reduced pesticides, fertilizers, water use, habitat enhancement

Potential for cost savings -- less maintenance, healthier plants, reduced resource inputs

Naturalistic Character Acceptance

- Research indicates two approaches – both important:
- Intelligent Care (education)
- Vivid Care (obvious beauty)

Thoroughly integrating "neat" and "fuzzy" will tone down contrasts and help unify garden appearance with surrounding landscape







Vivid Care

 Massing creates structure and framework

Defined edges reflect care; also lessen maintenance















Plant Heights
Match with garden scale
Relatively short better than too tall



Plant Types
Maximize variety for aesthetics,

function, biodiversity

Trees

- Shrubs
- Grasses
- Perennial flowers
- Sedges and rushes





Plants + Soil = the "Bio" in Bioretention

- Interception
- Settling
- Evaporation
- Filtration
- Absorption
- Transpiration
- Evapotranspiration
- Assimilation

Vegetation Types

 Evergreen versus deciduous

Forbs versus grasses



Design Parameters - Function

- Water quantity
- Rooting depth
- Water quality
- Phytoremediation
 - Nitrogen
 - Phosphorus
 - Mulch vs. plants
 - Underdrain design vs. plants
 - Salt tolerance

Ideal Plants -Functionally

- deep rooting
- climate and water adaptability
- habitat value
- lack of invasiveness
- overall enhancement of soil infiltration over time

Benedict et al., 2010

Interception and infiltration significantly higher w/native grasses; perennials not a significant factor

Turf vs. Native

Compared:

- Monoculture stand of Kentucky bluegrass
- Mixed stand of Kentucky bluegrass and smooth brome
- Previous two + 5 native warm-season grasses
- Previous seven + 33 forbs

Selbig, 2010 Prairie vegetation had higher infiltration

than turf

Turf vs. Native

- Two rain gardens side by side
- Turf vs. native prairie species
- Also compared clay and sandy soils
- Both soils functioned, sand higher infiltration than clay







Phytoremediation Remove, degrade, metabolize, immobilize Depends on interaction between soil, contaminants, microbes and plants Affected by climate, soil properties, site hydrogeology

Plant factors affecting uptake

- Root size
- Plant maturity
- Plant vigor

year

Soil type

- Growth rate
- Time of
- performance has been

Nutrients (Nitrogen, Phosphorus) Bioretention removal shown highly effective:

- total suspended solids (TSS)
- heavy metals
- particulate nutrients
- hydrocarbons
- Dissolved nutrient removal
 - much more variable

Nitrate retention in bioretention systems is dependent on

> adequate time for biological processes to occur, and
> presence of plants





Salt Issues

- Highly variable depending upon chemicals, design of cell, etc.
- No specific design parameters similar to metals, nutrients, etc.
- Success factors
 - Understand salt issues for site context/conditions
- Use salt-tolerant plants (consider roots/uptake and foliage); numerous resources available
- Higher infiltration rates help flush accumulated salt from system

Henderson, 2009

- Lucas and Greenway, 2008 Healthy
- vegetation is essential to maximizing phosphorus removal in bioretention systems

Phosphorus

"Media for bioretention systems should be selected for the suitability to support vegetation, within the constraints of the desired hydraulic conductivity" 92% total phosphorus removal in vegetated loam, 67% in vegetated sand, 44% in vegetated gravel after 50 weeks of stormwater loading



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Concerns (cont.)

- Flops (too much water, too much shade, lacks structure)
 - Liatris
 - Big bluestem
 - Little bluestem
 - many others possible

























































- Ht. 1.5-2.5'; sp. 1.5-3' Moderate to
- wet soil; tolerates drought
- Sun/shade
- Arching seed heads
- groundcover habit

Palm Sedge Carex muskingumensis

























Ht. 1.5-4'; sp. 1-2' Dry to wet soil Full sun/part

shade Summer/fall

bloom

Little Lemon Goldenrod *Solidago '*Dansolitem' LITTLE LEMON



Fireworks Goldenrod Solidago rugosa 'Fireworks'















Building the Structure

- If possible, all slopes should be equal to or
- Try to make the shape of the bioretention garden be as natural as possible
- Retainias much of the natural landscape and drainage as possible.
- Use erosion and sediment control measures
- The bioretention garden should be constructed after other major site work is completed
- Don't block the inlet or outlet of the bioretention garden
- Make sure drain pipes discharge to a well-drained area and away from buildings

Bioretention Garden Soil Management

- Soil infiltration is a primary component of bioretention
- Construction when soil moisture is less than 10 - 15 percent
- Check for compaction at surface and with depth (12" below the surface)
- Compost not only reduces bulk density (compaction), but improves plant growth and survival
- Incorporaate compost/organic matter as deep as possible minimum 6 inches



sure details are understood

Garden







For Planting: Use live plant

- plugs Plants grow
- better when roots are in the soil
- Don't fertilize
- Limit traffic w/in bioretention garden
- Water immediately
- after planting

Building the Bioretention Garden













What is designed and built will take on a life of its own - and function as planned

Building the Bioretention Garden







Scheduling & site management is key Stabilize, protect cell, compaction





Double check all materials, subtle changes have lasting impact







Get buy in & get it right the first time













Contractors Favorite – Utility Box Pretreatment

















Seeding

- Significant considerations
 weeds
 - initial maintenance
 - slow establishment
 - mixed heights and textures make weed differentiation difficult
- Advance planning recommended (one year ahead)









- Smaller areas
- Mix of seeds

Drilling

- typically preferred to broadcasting
- Larger areas
- Native seed drill for mixed seed sizes

Seeding (cont.)

Hydroseed and hydromulch



Overview

- Choices in sizes and condition
- Availability
- Procedures and precautions



Seeding (cont.)

- Purchase high quality seed from reputable source
- Seed bed preparation is critical
- Seasonal timing
- Weed seed from mulch straw can be problematic
- Tends to be less expensive (*initially*)



Sod

- Relatively new, still assessing potential
- Cost-effective ... or expensive? *it all depends*
- Immediate soil coverage and erosion control benefit; immediate visual effect
- Fewer choices for mixtures
- Random plant patterns
 Plants will need to decide where to grow over time





Availability

- Highly variable by season, supplier
- Increasing based upon increased demand – but still challenging
- Always be ready for substitutions – reference botanical names

Potted Plants

- Various sizes; deep cell-plugs provide small but deep-rooted plants
- Potential for immediate visual impact (if large plants used) and relatively quick establishment
- Small plants initially more cost effective; with good growing conditions, can establish quickly
- Quality plants significantly enhance quality establishment





Rootbound Plants

- Score or break root layer whenever possible to enhance initial root growth
- Late summer/fall planting especially important for plants held over summer

Root Maker/Grow Bags

 Significant enhancement of plant rooting over conventional containerized stock

Consider

whenever available

A

Plant Layout and Spacing

- Plan for approx. plant widths (which can vary by site conditions and plant cultivars)
- Adjustments typical to stretch/condense planting densities, react to actual site dimensions
- Reduced densities possible for self-seeding or suckering plants, or for cost savings (*don't overdo....*)
- Ultimately, nature will decide....



Plant Layout and Spacing (cont.)

- Plants tend to move around between staking and planting
- Garden edges and boundaries may get misinterpreted
- Complex plans = complex layout





Owner Natural, but not in natural environment Not no- or highmaintenance Functional, not just aesthetic It is a living system

Managing Expectations



Managing Expectations

Designer

Don't skimp on the plants

 Think installation in addition to form

Think about maintenance

 "Targeted overengineering"

Ordinances



Managing Expectations

- Contractor
- Acknowledge experience-level
- Be ready to troubleshoot
- Quality control is key
- Warranty?
- Educate the installation crew



Spring Time

- Cutting back -March
- Edging/border maintenance
 Top dragging
- Top-dressing mulch*
- WeedingPlant
- replacement
- Trash/debris removal





Patience is a Requirement

2 States

Establishment

- Plants or seed?
- Offline?
- Pretreatment?
- Timing
- Worst day is the first day





Summer Time

- Irrigate asneeded during drought
- Continue weeding
- Dead-head flowers?
- Trash/debris removal
- Enjoy it

Fall Time

Replace dead plants/transplant

- Continue weeding
- After 1st frost cu back select vegetation
- Manage plant debris as-needed, especially pretreatment







